



CUMIN SEED

Botanical Name: *Cuminum cyminum*

Common Name: Kammon, comino

Medicinal part: Seed

Description: Cumin (*Cuminum cyminum*) is a flowering plant in the family Apiaceae, native from the east Mediterranean to South Asia. Its seeds (each one contained within a fruit, which is dried) are used in the cuisines of many different cultures, in both whole and ground form. It also has many uses as a traditional medicinal plant.



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